



# MESSENGER

## Message from Travis

I hope you are all enjoying the summer so far. Unfortunately, I have been on vacation, and so there will be no article from me this month.

Peace

Travis

=====

We will start ongoing in-person worship in the sanctuary on July 11 at 10 am. Afterward, I invite you to join the initial gathering of the Judson BBC (Baptist Bike Club) at the Rose Gardens at Lake Harriet for a picnic in the shade and a tour of the rose garden. And yes, you can walk or drive. Yes, I made that name up.

=====

Starting on July 11th, we will begin to form a dedicated online worship experience. Some of the elements will come from in-person worship, and some will be created solely for online worship. However, we cannot simply plunk a camera down in the middle of the sanctuary and say, there you go.

But we need your feedback. What has worked, and what has not. What do you love about online worship, and what do you wish we did better? What would you like to see more of? Less of?

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**OFFICERS AND COMMITTEE CHAIRS FOR 2020-2021****EXECUTIVE COMMITTEE**

Moderator	Laura O'Halloran	Vice Moderator	Monica Lewis
Secretary	Brian Satrom	Treasurer	Bill Forsyth

**FAITH & SPIRIT CLUSTER**

Christian Education	Kristine Revak
Adult Education	
Congregational Care	Luise Forseth
Hospitality Team Leaders	Polly Schrom
Missions	Keith Ford
Worship	Polly Schrom

**ADMIN & SUPPORT CLUSTER**

Building Use/Communications	Steve Hirsch
Finance	Bill Forsyth
Personnel	Tom Zaremba
Property	Larry Jacobson

**VISION & COVENANT CLUSTER**

Membership/Leadership/Stewardship	Beth Waterhouse
Planning & Policy	

**OTHER GROUPS**

Welcoming & Affirming	Rich Olson
Judson Historian	Tom Balcom
Judson Preschool Board	Sandy Chatfield, Monica Lewis, Susan Mason, Polly Schrom*
Textile Group [Formerly Known as Knitting Group]	Sandy Chatfield
Loaves & Fishes	Gretchen Williams
Messenger	Eileen McLaughlin
Marketing Team:	Brad Joern (Organizer)
Spiritual Voyagers	Ron Cottone
Starfish Ministry	Wayne Urbaniak
The Gathering	Kathy Urbaniak
TRUST Rep	Jim ten Bensel
Ushers	Office Manager

The Pastoral Relations committee includes the following people: Joel Frederickson (chair), Greg Lehman, Mary Gustafson, Pam Joern, Leslie Rapp, and Karla McGray. Feel free to speak with any of these people to share ideas, concerns, or thanks.

(\*Subcommittee members are listed alphabetically)

Articles for the next issue of the Judson Messenger can be submitted to [judsonmessenger@yahoo.com](mailto:judsonmessenger@yahoo.com). The deadline is the 20th of each month for the following month.

For hardcopy submissions, see the editor listed on the address page.

## MODERATOR'S LETTER

*Life is change. Growth is Optional. Choose Wisely. ~Karen Kaiser Clark*

I'm writing this from the same place I began my pandemic year - at my Grandfather's farm in rural Kansas. I'm the 5th generation to call this land home. Being here, laying in the hammock in the heat of the summer, listening to the birds singing, and watching my 103-year old grandfather in decline, I am thinking about change. Here at the farm, some things have changed a lot in the last 140 years (Running water, indoor plumbing, air conditioning, and the Internet are all at the top of my list right now), but there are also many things that have remained the same (the crinoid fossils down at the creek are more than 250 million years old).

Judson was in the midst of celebrating its 110th year when the pandemic hit. The bulletins left in the back of the sanctuary from March 2020 were a reminder of that. What was our church like back when we first opened the doors in 1909? What were the first messages about? What were the stories of the people who first entered our doors? Things have changed since then, but I know at least one thing that has not all these years later: the desire to be a part of a community.

And what about this last year? What has changed? So, so much. And yet so little. We are still Judson: Welcoming. Affirming. Questioning. Creating. Asking. Receiving. Flexible. Democratic. Grace-filled and Loving, to name a few. We are also still doing the work of the church and in Community with one another, just in different ways than we have been used to. This last year I have tried to walk you through this pandemic and moment of tremendous transition, reminding you of who we still are, but also trying to help you see the opportunities that this pandemic has brought to us in order to continue moving us into the future.

This next month the Council will be asking that you vote on the slate of committee officers. Your Vice Moderator, Monica Lewis (whom I want to remind you, said Yes to doing this job in the midst of a pandemic), has been working hard to make this presentation to you. You will be receiving more information in the mail about the vote within the next couple of weeks.

As we slowly emerge from this pandemic and begin to gather in person again, it's going to continue to be a bumpy ride. Have we changed? Most certainly, yes. Things will also look and feel different than the last time we were all together...that's okay. We are, and we will continue to remain, Judson - a safe place to practice community for ALL who choose to be a part of our beloved community.

Humbly,

Laura M. O'Halloran

## VOLUNTEER OPPORTUNITY

Calvary Lutheran Church's food shelf (on the corner of 39th St. and Chicago Ave in South Minneapolis) is in need of volunteers. This past year we supported the food shelf and their work. [If you would like to volunteer, please go here to signup.](#) [ctrl click] Volunteers are needed every Thursday, Friday, and Saturday for a variety of tasks.

### JUDSON RAIN GARDENS LOOK GREAT EVEN DURING THIS DROUGHT

Even with our incredible heat and lack of rain, our Judson gardens are ever-changing and beautiful, thanks to a dedicated group of volunteers who tend them monthly all summer. Can you find our shortest plant (about an inch tall) and our tallest (now about 5-6 feet)? Can you find our shrub with edible berries? We have had two 2-hour work sessions in May and June. The next one is planned for Wednesday, July 14th, starting at 9:30 a.m. Please join us. No experience is necessary. We weed, rake, mow, water and trim. Tools and yard bags are provided. Come for the camaraderie and stay if you can for a picnic lunch over at Lake Harriet. Contact Barb Balcom with questions, 612-718-9482.



### JUDSON RACIAL JUSTICE TEAM INTEREST?

During the pandemic, the Racial Justice Team met successfully by Zoom. Now we are considering how to meet from now on. We are very much aware of the absence of some dear friends -- friends who either couldn't meet electronically or were uncomfortable meeting that way. Our current inclination is to continue to meet via Zoom, but we'd like your feedback.

We are about to enter a new phase of our exploration, so the timing is right if you want to re-engage with our work. Though we have worked hard this year, it's not such that you would feel left behind. And we can always use some fresh eyes.

Have you wanted to participate in the Racial Justice Team but couldn't or weren't comfortable with Zoom? Would you like to participate in person now? Do you want to participate now via Zoom? Do you need help getting Zoom set up or understanding how it works? Do you want to be on the email list and continue to see what we're doing and know of the resources we post from time to time? Or perhaps you have taken on other activities.

We invite your thoughts and interest. Please write to me ([kjff11@gmail.com](mailto:kjff11@gmail.com) or my address in the church directory) or phone me (612-590-5664) to let me know.

Thank you on behalf of the entire team -- Keith Ford

## WE ARE HIRING

Judson Memorial Baptist Church is now accepting applications for a part-time Communications/Marketing position. If you are interested or you know someone who would make a good fit...what are you waiting for? Apply! (and please share)

[Link to description](#)

## ORGANIC BOB OPPORTUNITY

Organic Bob is looking for passionate individuals who are organized, motivated, and detail-oriented to expand the organization's sales in the northwest suburbs of the Twin Cities metro area. This position is a part-time, seasonal position with very flexible hours. Some evening and weekend availability is required. Comprehensive paid training, an outstanding commission rate, and a supportive management team all make taking care of the environment enjoyable and value-driven. Plus — no cold calling! All leads have already expressed interest in Organic Bob's services.

Randy Baker - 612-655-4108



## JUDSON IS A CPR TRAINING SITE

Once a week, CPR classes are being taught at Judson Church in the Providence Room. The classes are every other Thursday at 6 pm and every other Saturday morning at 9 am. Here is some information on the classes if you are interested.

Our courses teach participants the critical skills and knowledge needed to respond to and manage an emergency in the first few minutes until emergency medical services arrive. All of our courses are based on the American Heart Association Guidelines for CPR and ECC. We offer courses for both medical and non-medical providers. The student must demonstrate proficiency in CPR and AED skills. Upon successful completion of skills testing, students will receive an American Heart Association certificate.



### Key Features and Benefits

The Course includes:

- First aid basics (including scene safety, finding the problem, and calling for help)
- Medical emergencies (including actions for choking, breathing problems, and shock)
- Injury emergencies (including actions for bleeding, broken bones, and burns)
- Environmental emergencies (including allergic reactions for bites and stings)
- Adult, Child, Infant CPR AED
- Advanced Airway
- Rescue Breathing

We are an American Heart Association training site. Our website is [www.cprcode.com](http://www.cprcode.com), and our email is [info@cprcode.com](mailto:info@cprcode.com).

### STARFISH MINISTRY

Starfish is a joint ministry of Judson and Bethlehem Lutheran, through which we assist people in our community who have emergency needs. Starfish gets its money through donations, primarily from Judson and Bethlehem churches; 100% of donations go to assisting people. We appreciate the continuing support for this ministry.

Each month there is a designated “duty team,” consisting of two people. The duty team receives the Starfish attaché case at the beginning of the month, including the Starfish phone, forms, manual, and resource material. When people call the Starfish phone (952-686-4124), the duty team responds, getting the relevant details and implements the process for assistance for those who qualify. The duty team also talks to others involved—landlords, car repair shops, utility companies, etc.—who receive the assistance payments directly from Starfish.

Kathy and Wayne Urbaniak, from Judson, were the duty team for June. We received calls from 16 people in June; Starfish assisted 10 of them. Among the 10 people who received assistance in June were Roberta, Manuel, and Imani (names changed for confidentiality).

\*Roberta’s children go to Green Central; the school social worker knows Roberta’s family situation and accompanied Roberta, interpreting for her at our meeting. Starfish was able to pay off her past-due bill to Little Earth so that she now qualifies to move into a more independent residence. We also gave Roberta a Cub gift card.

\*Manuel was referred to Starfish by Avivo in South Minneapolis, an organization that helps people with recovery and employment; the Avivo case manager accompanied Manuel to the meeting. Manuel needed a personal computer in order to begin a training program; Starfish purchased one for him through the PC’s for People program.

\*Imani had received assistance once in the past, in 2018. Starfish was able to assist her with an overdue bill and give her two gift cards—an Aldi’s card and a gas card.

Two months ago, a new government program—RentHelpMN--was begun to assist people who owe rent. Starfish duty team members had received some training about RentHelpMN, so we were able to refer callers in need of rental assistance to that program and give them some tips about it. We referred 6 callers to RentHelpMN.

It’s a blessing to serve as the duty team. Starfish is well-organized (with good procedures and records) and efficient (goals include keeping it simple and being good stewards). Above all, Starfish is respectful to people who come to us; we are thankful to give them Starfish assistance. In June, we paid out \$5,071.27, plus \$650 in gift cards.

Contact Kathy or Wayne if you want to learn more about Judson’s Starfish Ministry. Additionally, we will be the duty team again in September, so you could even “shadow” us through the process then; you might want to consider joining us as a duty team person.

#### Starfish Information—June 2021

Requesters helped: 10 Total Aid: \$5,721.27

Rental assistance: \$2,100.00

Utilities/Car Repair Assistance: \$2,971.27

Bus/Gas/Food/ cards: \$650

Funds exhausted: June 17, 2021.

### SOLAR POWER SYSTEM UPDATE

Judson's new Solar Power System, seen in the attached drone photo taken earlier this month, has been operating for just over 50 days and generated slightly more than 15,000 kWh of renewable energy. That is an average of 300 kWh/day. For a point of reference, from mid-March to mid-April (the last actual electricity use data we have), the church used about 10,000 kWh of energy which is about our monthly average. The Solar Power System is projected to generate around 70,000 kWh per year, so we are a little over 20% of reaching that goal.

Of greater importance, we have saved 11.1 tons of carbon dioxide (CO<sub>2</sub>) from being released into the atmosphere! That is equivalent to burning a little over 6 tons of coal or consuming 1,250 gallons of gasoline. Next month, after we get the June Xcel bill, I will report on how much energy we generated from the Solar Power System vs. what we used during that time period. Depending on the number of sunny days, we should produce as much and possibly slightly more energy than we use in the summer. During the month of July and August, the preschool is not in session, and there is limited use of the building,, so our electricity use is reduced. We will see.

If anyone has questions about the Solar Power System, please send them to me or Eileen and I will be happy to provide the answers to the best of my ability.



Larry Jacobson, property committee chair

### CHOIR

As you have heard, we will be starting in-house worship services on July 11 at 10 am. In light of that, I would like to set up a couple of rehearsals. We will be holding two rehearsals in July. One on Wednesday, July 14 and one on Wednesday, July 28 at the usual time of 7 pm. We are scheduled to sing at the July 25th service. Let the office know if you want to participate. Thanks, John De Haan.

## TRUST INC. RELEASES NEW, VIRTUAL SERVICE MAP

**MINNEAPOLIS** – For 51 years, TRUST Incorporated has had a footprint in South Minneapolis, but many are still unclear exactly where and with whom the agency serves. Today, TRUST is launching a virtual, interactive [service map](#) [ctrl click] that spotlights its locations and boundaries and acts as a guide to a host of other community resources.



Created by TRUST Office Coordinator Whitney Jones, the new map showcases TRUST’s two locations on Rustic Lodge and Harriet avenues and amplifies the agency’s service area and 10 newly created pods designed to streamline the work of TRUST’s programs and volunteers. The full-color, multi-layered map also marks the spots of all 19 TRUST member congregations, which work in tandem with the non-profit created by eight of them in 1970.

What makes TRUST’s new map particularly special is how it highlights a multiplicity of other services and community resources that work alongside TRUST, including neighborhood associations, businesses, and other non-profits. At the click of a finger, users can see who else is in the community and access more information about them via links.

“TRUST, which stands for Toward Renewed Unity in Service Together, is relevant because of the essential services it provides and the community partners with whom it collaborates,” said Toya Richards, TRUST executive director. “Everyone TRUST touches plays a part in the agency’s success and the well-being of South Minneapolis, and this new map showcases those relationships in a new and vibrant way.”

The new map is accessible from TRUST’s [website](#) and will continue to evolve based on other community resources and information gathered. For more information or to add a resource to the map, please email [officecoordinator@trustinc.org](mailto:officecoordinator@trustinc.org) or call 612-827-6159.

## TRUST PARISH NURSE ANNOUNCES RETIREMENT

TRUST Incorporated’s staff and board give thanks for the service of Ann Dunagan, who has announced her retirement from her position as TRUST’s Parish Nurse, effective July 15. She has served faithfully in this position since 2015 and also held a dual role as interim executive director for six months in 2019. “While I look forward to spending more time with family and friends, I will miss the many people from TRUST congregations, the community, board members, staff, and other colleagues who I have met and worked with during my time at TRUST,” she said in her retirement letter. TRUST Executive Director Toya Richards and the Board of Directors are considering the next steps for the position as it looks at the total needs of the agency and the community it serves. Individuals needing assistance through the Parish Nurse will be served via other TRUST staff and programs in the interim.



## RACIAL JUSTICE TEAM STEPS UP!

As the pandemic descended on all of us and everything began to shut down, the Racial Justice Team stepped up. We learned that Titilayo Bediako, Executive Director of We Win Institute, made the decision to help families of We Win kids who would suffer food insecurity. So, Judson volunteers rolled up their sleeves and went to work assisting with grocery collection, grocery packing, and grocery deliveries.

Since March of 2020:

- ◇ 35 to 50 families have received monthly grocery deliveries.
- ◇ Over 100 individuals have volunteered, with over forty doing packing and deliveries; eighteen of these volunteers were from Judson.
- ◇ 25,000 pounds of groceries, including meat, seafood, produce, paper products, masks, soap, hand sanitizer, fresh bread, and pastries, have been delivered.
- ◇ This has been made possible with financial help from the Justice Network, Community Needs Community, a Hennepin County Cares grant, local churches (including \$4000 from Judson) and individual donors.

A special thank you to all the Judson volunteers who have helped faithfully over sixteen months and will continue until August of 2021. You have been fantastic in meeting a very important need during a challenging time. They are:

Leslie Rapp

Sarah Baker

Jim TenBensel

Clay Gustafson

Scott Simpson

Yin Simpson

Bill Forsyth

Karla McGray

Keith Ford

Doug Weatherhead

Monica Lewis

Pam Joern

Brad Joern

Jean Hayes

Gary Hayes

Margot Willet

Bob Miller

Lynn Hesse



## REQUEST FROM THE RACIAL JUSTICE TEAM

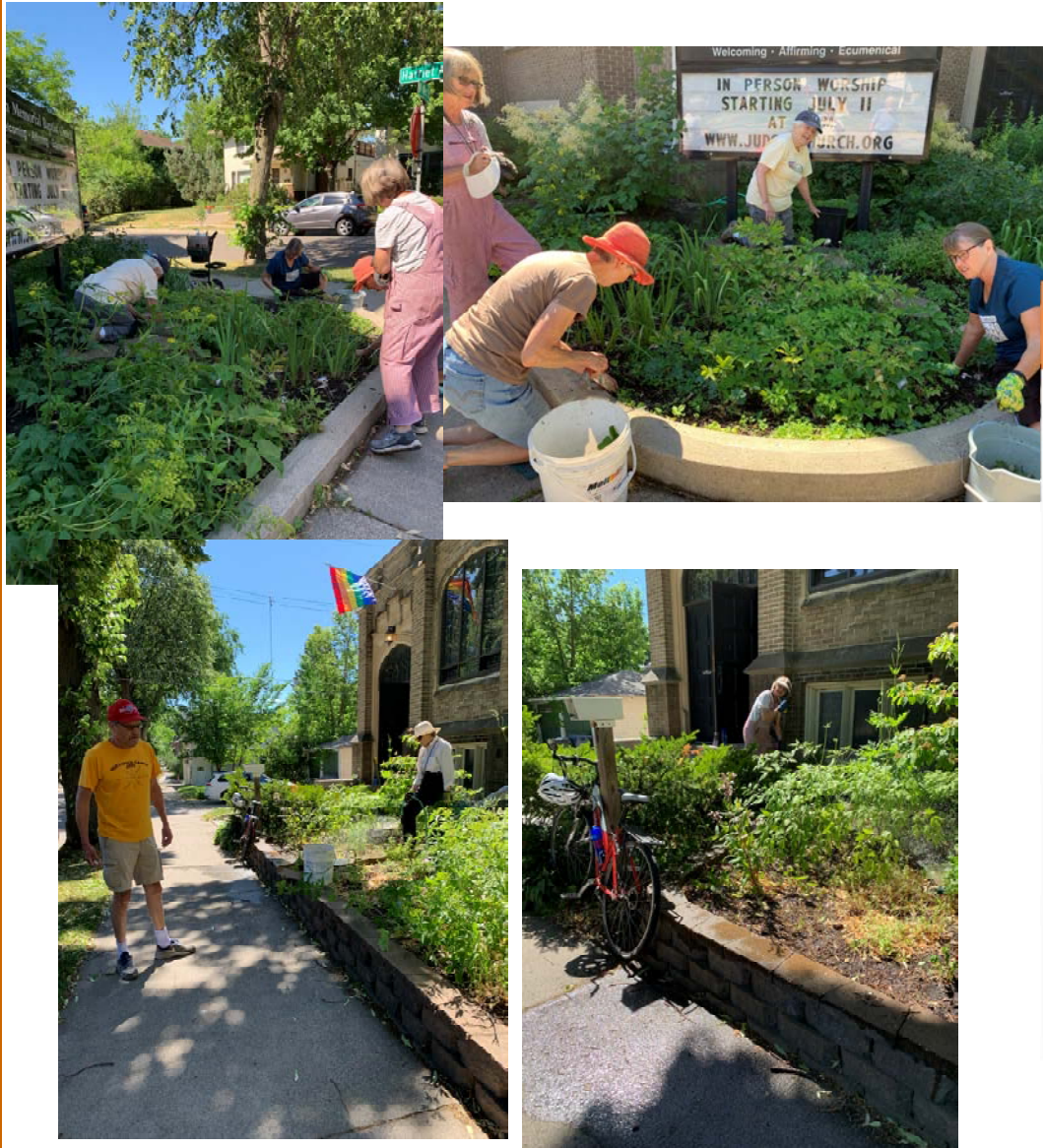
The Alliance of Baptists is conducting a survey that will show how Judson compares to other congregations in anti-racism. As a result, the Racial Justice Team is asking as many Judson folks to sign up as possible. It takes just a couple of minutes to provide your contact information now ...[sign-up form](#).

AND when you sign up, your name will be entered into a drawing for one of two \$25 Target gift certificates!

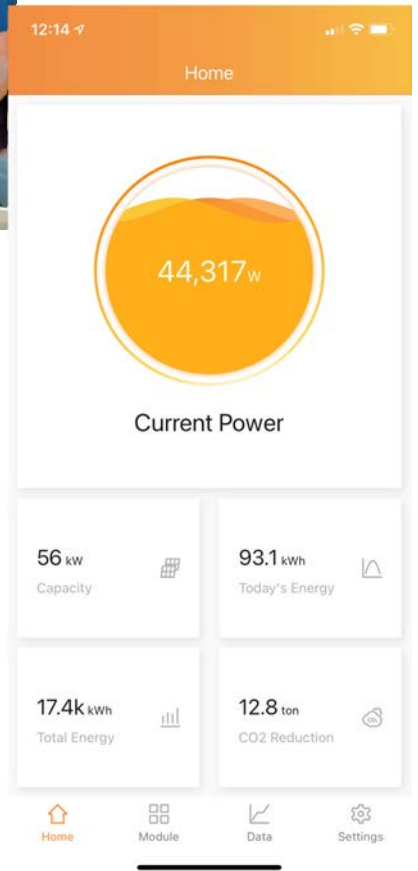
The 20-minute survey will be sent to you in August. We hope to use the results for in-depth all-church anti-racism training in the fall.

When you have completed the [sign-up form](#), email Leslie Rapp [lesliejrapp@gmail.com](mailto:lesliejrapp@gmail.com) so your name can be entered in the drawing.

**MONTH IN REVIEW**      Gardeners working on 6-16-21



A snapshot of the current power used from the solar Power System.. Total Energy-17.4K kwh/12.8 ton co2 reduction /93.1 kwh today's energy.



In house worship 6-13-21



## ODDS AND ENDS

-Please follow the [Judson Channel on Vimeo](#) [ctrl click] so you can receive the latest worship services.

-Please [like Judson Church on Facebook](#). [ctrl click]

-And please forward [this sign-up link](#) [ctrl click] to your friends and encourage them to sign up for our daily emails.

### JUDSON EMERGENCY FUND

You have given generously to the Judson Emergency Fund; we have collected over \$43,675 in donations. We have given out \$39,808 to help out people and the community. If you are experiencing financial hardship due to COVID-19, do not hesitate to email or call Travis with a request.

### PRAYER REQUESTS

If you have any updates for the Tree of Life (the Judson Prayer List), either send them to me at ([gtnorvell@judsonchurch.org](mailto:gtnorvell@judsonchurch.org)) or send them to Eileen at ([info@judsonchurch.org](mailto:info@judsonchurch.org)). [ctrl click]

### DIRECTORY REQUESTS



If you need an updated copy of an updated Judson Directory, please let Eileen know at ([info@judsonchurch.org](mailto:info@judsonchurch.org)). You can request a hard copy or a PDF copy sent to you by email. If you have changed your address, phone number, or new email, please contact the church office.

### OFFICE UPDATE

Eileen is working five days a week at the church office. Her hours are from 8:30 am to 4:30 pm. Please feel free to contact her at the office, and if she is not available, please, leave a voicemail or send an email to ([info@judsonchurch.org](mailto:info@judsonchurch.org)).

### LULU JOHNSON'S BLOG

We wish blessings on Lulu's travel and study. Lulu is on her **Fulbright Scholarship** in Seoul, South Korea. [She will blog about her experience here](#). [ctrl click]

### CHURCH CALENDAR ON WEBSITE

-If you have a Judson gathering (a meeting or an event), please let Eileen in the office know so we can put it on the [Judson Church Calendar](#). [ctrl click] Again, this is another tool to share with others the good news of this congregation. We are doing lots of good work; let's not cover up that light!

## JULY NEEDS JOYCE UPTOWN FOOD SHELF

1. Diapers (all sizes for children and adults) and wipes.
2. Toothbrushes, toothpaste, shampoo, conditioner, deodorant, and toilet paper.
3. Cleaning Products and laundry detergent.

Please drop off items at Judson Church at any time convenient for you during July. Jim TenBensel or Kathy Urbaniak will deliver the items to Joyce Food Shelf. Food donations may be dropped off at Joyce Food Shelf, 3041 Fremont Ave S., on Fridays from 9-1 pm.

Monetary donations are also greatly appreciated. You may send a check to Judson Church and designate Joyce Uptown Foodshelf, and the office will get it to them. Or you can process an online donation by using Vanco: go to the [judsonchurch.org](http://judsonchurch.org) website, click on "MAKE A DONATION," then put your donation amount in the food shelf box, then "continue." Thank you for your continued support of Joyce Food Shelf.





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## JUDSON NEWSLETTER

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**CHANGE SERVICE REQUESTED**