



MESSENGER

Message from Travis

When I was a pastor in New Orleans, five years after Hurricane Katrina, I discovered all kinds of broken relationships among the people I met. It seemed everyone told a similar story, “the storm was the final nudge.” When the pandemic first became a reality for us, I wondered if it would be the nudge to break relationships among the people I know and meet. I wondered, how would this church respond? In my mind, I thought Judson would respond in a healthy and sound fashion, but one never knows...

During October, I saw evidence of a congregation that had been nudged, not toward brokenness, but toward flourishing. I saw this not in flashy, headliney stuff, but in boring, regular, old church stuff.

Did you know our word for religion shares the same Latin root for our word for ligaments? Religion helps to bind community together.

I know that many of you do not have a positive view of religion, but “religion” is crucial during a pandemic. Zoom meetings, letters, and cards, phone calls, sending in funds, snow removal, praying for the names on the Tree of Life, switching the HVAC from cooling to heating, developing policies and guidelines for how to gather safely, setting up contacts with local officials, changing our sign, making sure someone is doing ok, etc.

These kinds of actions will never be on the news or make it onto the nightly news, but they are essential to enabling the community to deepen their spirituality, broaden their minds, and tenderize their souls. I am proud of the religious work of every committee, church leader, team and staff of this congregation. This pandemic will be a long term experience for our world and for our congregation. We will need your continued support and religious (binding) work to keep this community flourishing and thriving. We can do this, we are doing this, and will continue to! Keep nudging one another toward flourishing and thriving.

Peace,
Travis

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Daylight Savings time starts on Sunday, November 1 at 2 am



OFFICERS AND COMMITTEE CHAIRS FOR 2020-2021**EXECUTIVE COMMITTEE**

Moderator	Laura O'Halloran	Vice Moderator	Monica Lewis
Secretary	Brian Satrom	Treasurer	Bill Forsyth

FAITH & SPIRIT CLUSTER

Christian Education			Kristine Revak
Adult Education			
Congregational Care			Luise Forseth
Hospitality Team Leaders		Sandi Knoche, Polly Schrom*	
Missions			Keith Ford
Worship			Polly Schrom

ADMIN & SUPPORT CLUSTER

Building Use/Communications			Steve Hirsch
Finance			Bill Forsyth
Personnel			Tom Zaremba
Property			Larry Jacobson

VISION & COVENANT CLUSTER

Membership/Leadership/Stewardship			Beth Waterhouse
Planning & Policy			

OTHER GROUPS

Judson Historian			Tom Balcom
Judson Preschool Board		Sandy Chatfield, Monica Lewis, Susan Mason, Polly Schrom*	
Textile Group [Formerly Known as Knitting Group]			Sandy Chatfield
Loaves & Fishes			Gretchen Williams
Messenger			Eileen McLaughlin
Marketing Team:			Brad Joern (Organizer)
Spiritual Voyagers			Ron Cottone
Starfish Ministry			Wayne Urbaniak
The Gathering			Kathy Urbaniak
TRUST Rep			Jim ten Bensel
Ushers			Office Manager

The Pastoral Relations committee includes the following people: Joel Frederickson (chair), Greg Lehman, Mary Gustafson, Pam Joern, Leslie Rapp, and Karla McGray. Feel free to speak with any of these people to share ideas, concerns, or thanks.

(*Subcommittee members are listed alphabetically)

Articles for the next issue of the Judson Messenger can be submitted to judsonmessenger@yahoo.com. The deadline is the 20th of each month for the following month.

For hardcopy submissions, see the editor listed on the address page.

MODERATOR'S LETTER

As I write this, I am in Kansas visiting Grandpa, where the leaves falling on the ground sound like rainfall, where it will be 85 on Wednesday and 58 on Thursday, and the sun is drifting lower in the sky. Change is coming. By the time you read this, we may have already had the election. We may even know the outcome.

This Autumn has been full of historical significance. We said good-bye to Ruth Bader Ginsberg. We're either going to vote or have voted in one of the most important elections in recent history. That vote will come on the 100th anniversary of the (white) Women's Right to Vote. And here I am, just your average housewife in Lindstrom, MN trying to raise two boys in the age of Trump as well as a daughter with special needs during a Pandemic. It's tempting to tell you all the reasons why you shouldn't have voted me in as your Moderator, but I am going to tell you why it was important that you did. By voting me in, Judson has sent the message to two young boys that their mother is just as important and as valuable in this society as their dad, who "earns the money." You showed them by saying Yes to me (and I realize that no one foresaw me doing this job during a pandemic). You show them every Sunday by naming God not just as Him, but Her as well. You show them when the men of our congregation are emotionally vulnerable. You show them when they see you at the Women's Marches. (My sign at the Women's March in 2017 said, "My Boys are Watching." They still are.) Where else are they going to learn these lessons? We try to teach these lessons at home, but it is only the congregation as a whole that helps cement these ideas.

You have been open to (and more importantly, practicing) the thought of equality for women and so many other socially-minded ideas since before I even came to Judson. It's what brought my family, and it's what keeps us coming here. Now I have a request for you: Continue to be open. Open to new possibilities, open to the season of contemplating, open to the listening, and our inner knowing. In Carolyn's Adult Ed class, she has pointed out that there is a need and a desire for people of all generations to have a space and a place to practice out their spirituality. Let's continue to be that place. Change is coming. Change is already here.

Humbly,
Laura

P.S. Many things are happening within the life of our congregation: The solar panel project is coming to fruition. We have a marketing team moving forward with some of the work that we started with last year. Our Covid team has presented the Council with Requirements for the use of the church. Our racial justice team has been busy working and moving forward with things that we can do as individuals and collectively. If you are looking for a way to be involved, please reach out. Remember that we are still all in this together. Also, if you are receiving this by November 3, please remember to go out and vote.

THANK YOU FROM PAUL JOHNSON

I would like to thank the Judson Community for your concerns and support during my six months of chemotherapy. I was diagnosed with stage 2 lymphoma last March and am happy to report I am now cancer-free. Precautionary radiation treatments are being considered, as is surgery to repair my damaged vocal cords. My sincerest thanks for all the phone calls, emails, cards, and prayers from Judsonites! These meant a lot and were greatly appreciated!

Paul Johnson

WORSHIP HAPPENINGS

COME TOGETHER! NOVEMBER 1ST AND DECEMBER 6TH

Join in a small meditation/communion in-person gatherings at Judson Church in November and December. It is limited to 20 individuals.

We will enjoy organ and piano music by Jim Wentink, share in silent prayer, reflect on several readings, absorb the beauty of the stain glass windows and partake in a pandemic-adapted communion service. The dates are November 1, 2020, and December 6, 2020. Both services will be from 11 a.m. to 11:30 a.m. in the Judson sanctuary.

To Participate: You must reserve your spot by calling or emailing Eileen McLaughlin at the church (info@Judsonchurch.org or 612- 822-0649) by **3 p.m. Friday, October 30th** for the November 1st service and **Friday, December 4th** for the December 6th service. Wear a mask. Practice the social distancing guidelines outlined by the church. Let's come together safely and foster community at Judson!

JUDSON COMMUNITY VIRTUAL PRAYER SERVICE – NOVEMBER 2ND

We invite you to come together virtually as a community on November 2nd to join in silence, prayer, meditation, or whatever mode might fit your spiritual needs on that day. As a nation, we will be preparing mentally and maybe physically for the official Federal Election the next day. We will plan to gather at 7 p.m. on the 2nd via Zoom to share and center ourselves.

VIRTUAL BLESSING OF THE ANIMALS – SUNDAY, NOVEMBER 15TH.

We do not want any more time to pass without blessing our pets and our pets' memories! Please submit a picture of yourself with your pet to Polly Schrom (pollyschrom@hotmail.com or text to 612-704-1673) **by November 6th**. We will be using those photos as part of our November 15th worship experience.

SERVICE OF GRATITUDE – NOVEMBER 22ND

We have scheduled a Service of Gratitude in conjunction with the Thanksgiving holiday. This small in-person gathering is scheduled for Sunday, November 22nd, from 11 a.m. to 11:30 a.m. and is limited to 20 individuals. To participate, we ask that you reserve your spot by calling or emailing Eileen McLaughlin at the church (info@Judsonchurch.org or 612- 822-0649) by 3 p.m. Friday, November 20th.

Starfish Information—October 2020

Requesters helped: 3 Total Aid: 1,963

Rental/utility assistance: \$1713

Bus/Gas/Cub/Visa cards: \$250

Everything is being done by phone, texting and by email.

There is no person to person contact so no gift cards given.

NOVEMBER NEEDS FOR JOYCE UPTOWN FOOD SHELF

For the month of NOVEMBER, Joyce Food Shelf needs:

BABY FOOD (any kind or brand) and DIAPERS (any size or brand)

Bring these items to Judson Church any time in NOVEMBER that's convenient for you, and Jim TenBensel or Kathy Urbaniak will deliver to Joyce Food Shelf.

You may also drop any items off at Joyce Food Shelf at 3041 Fremont Ave. S., Minneapolis, MN, 55408 between the hours of 9 a.m. and 1 p.m. on Fridays.

Thank you for your continued support of Joyce Food Shelf.



JOYCE FOODSHELF UPDATE

On Monday September 28, 2020, Joyce Uptown Foodshelf is changing to **Client Choice Shopping by appointment**. We value your partnership and want to communicate what these upcoming changes mean so that our partners and clients can stay informed.

The Client Choice model offers each person food choices in a small grocery store-style food shelf. Clients can shop for fresh fruits and veggies, milk, eggs, meat, fish, or poultry, canned veggies, dry cereals, grains, and other staples. We try to stock items for special diet needs. There is no cost to shop Client Choice.

Appointments allow us to maintain health and safety for all in our community. Appointments are available for each household 1-2 times a month, but if clients have emergency needs, they can call us. If clients visit without an appointment, we will have pre-packed bags and boxes ready for pick up. However, these have less food variety, so it's best if clients make an appointment to shop. They can make an appointment at their next visit or call us at 612.825.4431 to schedule. In consideration for all, masks and social distancing are required at each visit. If clients don't have a mask, we will provide one.

We are currently contacting clients to inform them of these changes. If you know anyone experiencing food insecurity, please let them know that we look forward to seeing them. All are welcome at Joyce Uptown Foodshelf!



DON'T RECYCLE YOUR PAPER GROCERY BAGS! REUSE THEM INSTEAD.

Continuing our relationship with the We Win Institute, Judson is helping to package and deliver free groceries to families in north Minneapolis. But we need your help; we need grocery sacks.

Rather than just recycle grocery sacks, you can help a crucial project. Just save your bags and bring them to Judson. Deposit bags in the covered, marked, blue tub right outside the Arcade door. We will deliver the grocery bags to the WWI Grocery Project. Want to do more? Ask your neighbors to give you their bags. Questions, call Keith Ford (612.590.5664). Want to help package and deliver groceries? contact Karla McGray (karlamcgray@hotmail.com).

ODDS AND ENDS

- Please follow the [Judson Channel on Vimeo](#) (ctrl-click) so you can receive the latest worship services.
- Please [like Judson Church on Facebook](#). (ctrl-click)
- And please forward [this sign up link](#) (ctrl-click) to your friends and encourage them to sign up for our daily emails.

JUDSON EMERGENCY FUND

You have given generously to the Judson Emergency Fund, we have collected over \$36,000 in donations. If you are experiencing financial hardship due to COVID-19, do not hesitate to email or call Travis with a request.

PRAYER REQUESTS

If you have any updates for the Tree of Life (the Judson Prayer List), either send them to me at (gtnorvell@judsonchurch.org) or send them to Eileen at (info@judsonchurch.org).



DIRECTORY REQUESTS

If you need an updated copy of an updated Judson Directory, please let Eileen know at (info@judsonchurch.org). You can request a hard copy or a PDF copy sent to you by email. If you have changed your address, phone number, or new email, please contact the church office.

OFFICE UPDATE

Eileen is now working five days a week at the church office. Her hours are from 9 am to 4:30 pm. Please feel free to contact her at the office, and if she is not available, please, leave a voicemail or send an email to (info@judsonchurch.org).

AMAZON SMILE

Amazon Smile is a simple and automatic way for you to support your favorite charitable organization every time you shop, at no cost to you. Shopping at smile.amazon.com [ctrl click], you'll find the same low prices, vast selection, and convenient shopping experience as Amazon.com, with the bonus that Amazon will donate a portion of the purchase price to your favorite charitable organization. You can choose from over one million organizations to support. To shop at Amazon Smile, go to smile.amazon.com [ctrl click], from the web browser on your computer or mobile device. You use your same account on Amazon.com and Amazon Smile. Your shopping cart, Wish List, wedding or baby registry, and other account settings are also the same. On your first visit to Amazon Smile smile.amazon.com [ctrl click], you need to select a charitable organization to receive donations from eligible purchases before you begin shopping. We will remember your selection, and then every eligible purchase you make at smile.amazon.com [ctrl click], will result in a donation. Judson is one of the many 501c(3) public charitable organizations.

JUDSON JAZZ QUINTET

On Monday, Oct 26, from 1:00 pm until 1:45, the Judson Jazz Quintet held an open rehearsal and around 17 people attended to listen to the music. All Covid requirements were followed. Everyone enjoyed the live music. They are talking about doing it again in the future. Look for future announcements.



The members of the quintet are Jim ten Bensel, trombone; Scott Simpson, drums; Dale Alexander, piano; Tom Lewis, string bass, and Brad Holden, on saxophone.



RACIAL JUSTICE RESOURCES – NOVEMBER 2020

The Racial Justice Team has been charged with providing concrete examples and practices to show the way for the broader Judson community to “make the beloved community a reality.” Our intent is to provide a range of educational, reflective, and action-oriented practices monthly. Past suggestions can be found on the Judson Website under the ACT tab. **If you have a resource you’d like to share, please email Carley Watts, and we will add them to our resource “library.”** carleybwatts@gmail.com.

Recommendations this month come from the Judson Community. Thank you!

Books:

- **The Overground Railroad, The Green Book and the Roots of Black Travel in America**, by Candacy Taylor. “This new book revisits the nesting stories behind the “Green Book,” which helped Black tourists navigate racial minefields implicit in a road trip.... Taylor draws a compelling map connecting the legacy of institutional racism — decades of government disinvestment, redlining, and the fight for adequate schools — that has left neighborhoods as discards or afterthoughts. She advocates for readers to use these stories as inspiration to actively build on the foundation Green laid.” Los Angeles Times review. **(Recommended by Laura O’Halloran.)**
- **From Here to Equality, Reparations for Black Americans in the Twenty-First Century**, by William A. Darity and A. Kirsten Mullen. The authors offer a detailed roadmap for an effective reparations program, including a substantial payment to each documented U.S. black descendant of slavery. The book was highlighted at the ABC/RGR reparation session **(Recommended by Jean Hayes)**
- **Rest for the Justice-Seeking Soul, by Susan K. Williams Smith**. This book offers ninety daily meditations - a soul-care manual - for social justice-seeking believers who stand in constant vigilance against all forms of racial, class, and gender oppression. **(Recommended by Marlys Wiens.)**

Video

- **How Many Breaths** A multimedia work for solo violin and spoken word sewn together with images of street art and demonstration footage captured from around the Twin Cities during the summer of 2020. Narration is done by Lou Bellamy and Sarah Bellamy of Penumbra Theater, music composed by Steve Heitzeg, violinist Ariana Kim. **(Recommended by Leslie Rapp)** https://www.youtube.com/watch?v=W_6jQQGX9uw
- **What Really Happened at Standing Rock** Features an exclusive interview with Chase Iron Eyes, Lead Counsel for the Lakota Peoples’ Law Project. The video describes the Dakota Access Pipeline protests in-depth and in relation to the present moment. **(Recommended by Beth Waterhouse)** <https://www.youtube.com/watch?v=oiA3FWbqAvo&feature=youtu.be>

Action

YouthLink Volunteer Opportunities. This month we partner with the Youth Experiencing Homelessness Action Group to highlight a way to support their work. YouthLink is in need of winter clothing and kits to provide youth with supplies needed to face the winter months. Details are on the next page. If questions, please contact kathurbaniak@gmail.com

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YOUTH EXPERIENCING HOMELESSNESS VOLUNTEER ACTIONS

Volunteer Option #1 – “Make Your Own Kits”

1. A kit or box/package of new gloves, mittens, hats, scarves, and warm socks to give to those experiencing homelessness.
2. A kit or Ziplock baggy for staff when doing outreach on the streets to give out.
3. Items would include: a mask, a small bottle of hand sanitizer, a snack (granola bar, etc.), and a small bottle of water. Also, travel size shampoo, lotion, toothpaste, etc.
4. A kit or box/package of “move-in” items for those finding housing. Items needed are small bottles of laundry detergent, dish soap, toiletry items, toilet paper, washcloths, towels, and full-size sheets.

Volunteer Option #2 – Donate clothing to Youth Link

Our top 3 biggest needs are:

1. **Winter coats, gloves, hats, and warm socks**
2. **Basic clothing - leggings, joggers, sweatpants, jeans, hoodies, sweatshirts, and long-sleeve shirts**
3. **Underwear, socks, and bras** (all sizes of men's and women's, NEW ONLY)

Right now, we will begin to accept slightly used clothes (provided they are in good condition and WASHED).

[You can view all donations we will accept here.](#) (ctrl-click)

The other option is to search for and purchase these needed items from our [Amazon Smile wish list](#) (ctrl-click), where they will be sent directly to YouthLink upon your purchased donation.

Instructions for delivering your items to Youth Link

Items can be dropped off Monday-Friday from 8 am to 6 pm at YouthLink: 41 N 12th St., Minneapolis, MN 55403. Please call ahead if you would like to drop off items outside of these days and hours: 612-252-1200. You may pull around to the parking lot located behind the YouthLink building off of Chestnut St. There is a door back there with a doorbell. You may ring it, and the welcome desk will let you in to drop off your donations or assist you in bringing in your donations.

I HEARD YOU SAY, “I WISH THERE WERE SOMETHING I COULD DO.”

Well, here is your opportunity. The action group, “Youth Experiencing Homelessness”, is planning a meeting in the near future, and we need your help. We would like you to join our group and help us connect with youth who are experiencing homelessness. If you know of an organization, a shelter, or other areas where we could support these youth, please contact Kathy Urbaniak at 612-232-3924, and let her know. We will meet outside if possible and practice social distancing, or we will plan a zoom meeting. Thank you for considering volunteering to help.

FAMILY AND INTER-GENERATIONAL NEWS

CHRISTMAS PARKING LOT PAGEANT PLANNING MEETING – WEDNESDAY, NOV. 4 AT 6:30 PM VIA ZOOM

Kids and Teens: Your creativity and leadership are needed to plan a fabulously fun Christmas Pageant outside in a nearby parking lot. Treats? Costumes? Games? Bring your ideas and make it happen! Adults, we need you too! Everyone of all ages is encouraged to join our first brainstorming and planning session- Email Carolyn at ckolovitz@judsonchurch.org to sign up for the meeting.

OWL YEAR 2 – STARTING SUNDAY, NOV. 15 AT 11:00 AM – JUDSON SANCTUARY

Great news for all who participated in OWL last year! Linda Madson is returning to pick up where we left off when the pandemic struck. Meetings will be held monthly in the Judson sanctuary and follow Covid requirements, including mandatory masks and social distancing.

Parent Circle: While your OWL student is in session, connect with other parents. We'll have a facilitator and circle with chairs 6+ feet apart set up in the basement for anyone who wants to join.

Please email Carolyn at ckolovitz@judsonchurch.org **by NOV. 8** to register.

INTERGENERATIONAL ED

Spiritual Mentoring Part 3 – Story Seeds

Due to a family emergency, the Spiritual Mentoring series' final session has been rescheduled to Sunday, Nov. 8 at 4:00 pm.

IMAGINING CHRISTMAS – ADVENT SERIES

Art, music, poetry, and guided visualization will take us deep into the stories of Christmas. All sessions are held online via Zoom Wednesdays at 6:30 pm. Email Carolyn at ckolovitz@judsonchurch.org to register.

December 2 - The Annunciation: Saying Yes

December 9 - The Epiphany: Journeys

December 16 - The Nativity: Wonder & Awe

OUR VISION FOR CHILDREN & YOUTH

The children and youth of Judson Church will experience the love of God within our faith community. Here, the Christian story will take on meaning and relevance for their lives so that they become persons of faith: biblically literate, prayerful, seekers of justice, and equipped to reflect on moral decisions in light of faith.



JUDSON CHOIR

Mark Wednesday, November 18 at 7 pm for another choir get together on Zoom. Even though we would rather be singing, it is fun to check in with each other. A link will be sent out closer to the date. Hope to see you there. John De Haan



SOCIAL GATHERINGS IN THE PARK

For three weeks in October, weather permitting, various members met at Martin Luther King Jr. Park on Sunday mornings from 11:00-noon. People wore a mask and socially distanced. Despite the cold weather, we had quite a few people show up. Travis says: "I don't know if Judson Church could field a league winning softball team. I don't know if they could place in a log rolling championship. I don't know how far they would get in a spicy chili eating contest. I do know they are tough as nails when it comes to talking in the snow."

Sunday, October 11, 2020



Sunday, October 18, 2020



Sunday, October 25, 2020





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JUDSON NEWSLETTER

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CHANGE SERVICE REQUESTED